

## FREE High Filtration Masks for McKinley Students

- [CDC is recommending individuals upgrade to wearing a high filtration mask](#) (e.g., N95/KN95/KF94) to help prevent the spread of Covid-19. They are far superior to cloth masks and disposable surgical masks from stopping the spread, especially indoors in public spaces.
- In early January 2022, SDUSD sent [communication to parents](#) encouraging students to wear well-fitting KN95/KF94 masks to help keep our classrooms safe and began shipping these types of masks to schools.
- These masks can be expensive and difficult to find. The McKinley PTC is committed to making sure every McKinley student can have free and consistent access to these masks during this Omicron surge.
- With the support of the McKinley Foundation and PTC, every student will receive in their take home folder **1 FREE high filtration Lutema M95c child size mask every week for the next 6 weeks.**
- Visit [Lutema.com](#) for more information about these high filtration masks that are made in San Diego, well-reviewed and equivalent in protection against COVID-19 to a KN95/KF94.
  - *If you would like to order additional masks for your student (in many kid-friendly color options) you are welcome to use the 50% discount code (MCKINLEY) for any non-subscription orders placed on Lutema.com.*
- While these types of masks cannot be washed and cleaned the same way as cloth masks, **they can be used multiple times according to individual discretion if there are no tears, gaps, or evidence of soiling (wetness) on the surface.** So unlike surgical masks, high filtration masks don't need to be discarded every day to remain effective.
- If this particular style of mask doesn't work for your child, [www.ProjectN95.org](#) is a good resource for other high filtration masks as well as the "Mask Nerd" YouTube Channel.

### Improving the fit of your child's mask

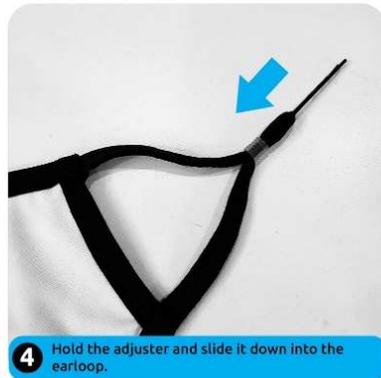
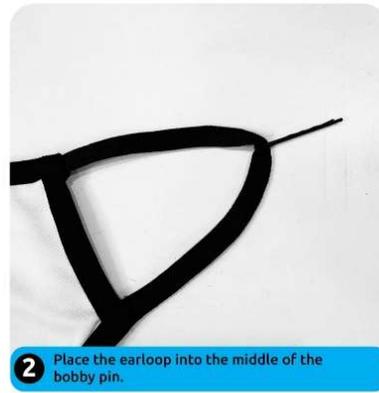
- Upgrading the quality of a mask is important to stop the spread of COVID-19. Equally important is making sure the mask truly **fits** your child's small face properly and they can learn with it on.
- Many McKinley families report the [Lutema M95c masks](#) fit much better when the elastic ear loops are tightened.
  - Masks distributed on Week 1 include a bag of reusable ear loop adjusters to help improve fit (click [here](#) for instructions)
  - Tying a knot in the ear loops also improves fit instantly.
- A well-fitting mask for your student should:
  - ✓ Cover both your child's nose and mouth.
  - ✓ Have a good seal with no gaps.
  - ✓ Can be worn for an extended period of time.
  - ✓ Remain a good fit while your child jumps up and down, sings a song or engages in any other activity your child may do in school while wearing a mask.

The district recently provided the following illustration to improve the fit and effectiveness of a surgical mask. QR code is a link to a CDC video demonstrating the "Knot & Tuck" way of improving protection with a surgical mask.



**Please continue to send your child to school in a mask they will wear and that is a good fit.**

## INSTALLATION GUIDE FOR ADJUSTERS



**REMEMBER!!!** Don't throw away your ear adjusters when you discard your mask!

They are reusable and quick to install on your next mask.

A limited supply of replacement adjusters will be in each classroom and the front office.

You can also buy more on [Amazon](#)

If ear adjusters irritate your child, tying a knot is also an easy way to improve fit!

Video Instructions – Scan to watch video

