

AMERICA'S YOUTH OUTREACH PROGRAMS . . .



Presents an Athletic Enrichment Program

for Boys & Girls Ages 5 & Up . . .

This is A Year-Round Program



**Stranger
Danger
Awareness
Taught**

YOUTH SELF-DEFENSE Karate & Safety Awareness Program

Program Founded & Directed by USA Martial Arts "Hall of Famer"

- OUR INSTRUCTORS SPECIALIZE IN TEACHING CHILDREN!
- A COMPLETE GOAL ORIENTED PROGRAM!
- MEDALS, TROPHIES & PLAQUES ARE GIVEN FOR GOOD ATTENDANCE AND GOOD PERFORMANCE!
- THIS PROGRAM RUNS YEAR ROUND-AT THE END OF EACH SESSION KIDS GRADUATE TO A HIGHER BELT LEVEL OR TO THE NEXT BELT. THE NEXT SESSION WILL START AGAIN THE FOLLOWING WEEK.
- ADVANCEMENT IN RANK OFFERED FROM BEGINNER TO BLACK BELT LEVEL!
- COMPETITION TOURNAMENTS - TO PROMOTE A MORE COMPETITIVE ATTITUDE!

Para información
en español llamen al
(619) 282-3066

ONLY \$ 7.00 PER WEEK - PAY WEEKLY!

Family Discount 2 kids \$6.00 Each - 3 kids \$5.00 Each

This program is designed to build **Honor, Discipline, and Respect** as well as improve **Self-Confidence, Self Esteem, Concentration and physical Fitness**. These are life skills that can help a child forever! This program also **improves their social interaction and academic performance!** Students are placed into classes according to age and ability. **Only Self-Defense is Promoted.**

Now Accepting
New Students!

HELD AT:

NORTH PARK REC CENTER

4044 Idaho St., North Park CA

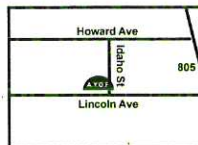
DIRECTIONS: Between El Cajon Blvd. and University Ave and Idaho St.

CLASSES ARE EVERY WEDNESDAY, JUNE 24 - SEPT 9
(12 WEEKS)

OPEN REGISTRATION BEGINS : WEDNESDAY, JUNE 24

CLASS TIMES WILL BE:

New Students: 5:45 - 6:30 pm
Yellow+ Belts: 6:30 - 7:15 pm
Orange & Up: 7:15 - 8:00 pm



NEW STUDENTS REGISTER 20 MIN. BEFORE CLASS

Class fees are only **\$ 7.00 each week** plus a one-time \$5.00 registration fee each semester. **You may pay weekly or to receive a DISCOUNT you may pay in full!** If you miss the first class you may register up to week #4, show up 20 minutes prior to the class time. **A Uniform (GI's) are available at class. They are recommended, but not mandatory.** We fit your Child to the proper size. GI's are \$35.00. Classes begin the first day and students should wear baggy pants or sweat pants & t-shirt. **No Shorts!**

See You There!

REGISTER AT CLASS OR ONLINE UP TO WEEK #4

FOR MORE INFORMATION OR *LOCATION NEAREST YOU CALL (619) 282-3066 • www.ayop.org