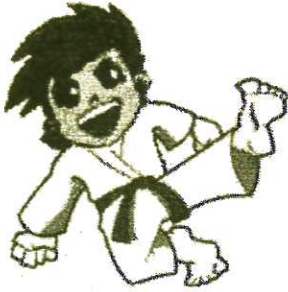
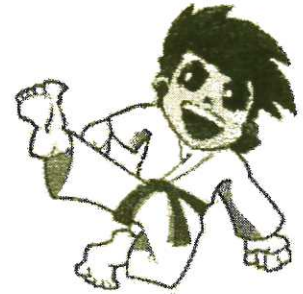


ALL STAR YOUTH SPORTS PROGRAMS

A NON-PROFIT ORGANIZATION



Safety Awareness Self-Defense



Classes are every Wednesdays

June 17th – September 9th

Registration is on June 17th – 4:45pm

Only \$5 Per Class When Paid in Full – \$65 + Registration

For New Students in the 5:15 pm Class Only – 13 Weeks

Marshall Elementary

3550 Alta Dena Ave, San Diego, 92105

For Questions, Please Call 714-955-4714

DIRECTIONS: Located between Euclid Ave and 54th St on Altadena Ave. From Euclid, head north on Altadena Ave. From University, head south on 52nd St to Landis At to Altadena Ave.

New Students, Ages 5-10	5:15-5:45
New Students, Ages 11+	5:50-6:30
Yellow Belts	5:50-6:30
Adv Students.....	Check with your instructor

Reviewed by: District Communications



This program, event or activity is not presented, endorsed, recommended, supervised or sponsored by San Diego Unified School District. The district assumes no liability or responsibility or any loss or injury arising out of participation and is merely permitting this material to be disseminated at this facility because of the possible interest of students and/or faculty.

APPROVED

By 115248 at 9:00 am, May 18, 2015

Children learn: How to communicate and defend themselves in real life situations involving *Stranger Abduction* and *Bully Intimidation*. Escape techniques are learned to defend against being grabbed and communication skills are used to diffuse problems. Safety information is discussed each week. This program focuses on Safety Awareness, Self-Defense & Discipline, not aggressiveness. All classes are taught in a fun, yet structured environment.

Registration: Registration occurs on the first day of class, Wednesday, June 17th. Please arrive 30 minutes prior to class (4:45pm – New Students) to register. Students can register every Wednesday up until July 8th.

- Improve Self Confidence
- Develop Respect
- Promote Physical Fitness
- Increase Focus

If paying weekly, class fees are \$7. There is a \$7 registration fee. Uniforms are recommended and can be purchased at class for \$35.

For more information please contact us at:

A Y S P – INFO@AYSP4KIDS.COM – 714-955-4714

ALL STAR YOUTH SPORTS PROGRAMS

ORGANIZACION SIN BENEFICIOS ECONOMICOS

Defensa Personal Y Conocimiento de Seguridad



Las Clases Son Todos Los Miercoles

17 de Junio – 9 de Septiembre

Inscripcion – 17 de Junio – 4:45pm

Sólo **\$5** Por Leccion Si Paga Completo Por Toda La Session – **\$65** + Inscripcion

Para Nuevos Estudiantes De La 5:15pm En La Clase Solo – 13 Semanas

Marshall Elementary

3550 Alta Dena Ave, Street, San Diego, 92105

Para preguntas, por favor llame al 714-955-4714

Localizado entre Euclid Ave y 54th St en Altadena Ave. De Euclid hacia el norte en Altadena. De University hacia el sur en la 52nd St. hacia Landis a Altadena Ave.

Estudiantes Nuevos, Edades 5-10.....5:15-5:50
Estudiantes Nuevos, Edades 11+5:55-6:35
Todos Estudiantes Regreso Consulte con su Instructor

Los Ninos Aprenden (Edads 5-15): Como comunicarse y defenderse en la vida real las situaciones que entranan un *Extrano Secuestro y Bully Intimidacion*. Escapar las tecnicas aprendidas para defenderse de ser agarrado y las habilidades de comunicacion son utilizados para difundir los problemas. Informacion de Seguridad se debatio cada semana. Este programa se centra en crear conciencia sobre Seguridad, Autodefensas unidas.

Inscripcion: Las inscripciones se realizan en el primer día de clase, **17 de Junio**. Por favor llegue 20 minutos antes de la clase para registrarse. Los estudiantes pueden inscribirse para la cuarta semana de clases. Nuevos estudiantes pueden registrar hasta **8 de Julio**.

- Mejore La Confianza En Si Mismo
- Promover El Bienestar Fisico
- Desarrolle El Respeto
- Aumente Concentracion

Si paga semanal, tasas por clase es de \$7. Hay una cuota de inscripcion de \$7. Uniformes son recomendados y pueden ser adquiridos en la clase de \$35.

For more information please contact us at:

A Y S P – INFO@AYSP4KIDS.COM – 714-955-4714